

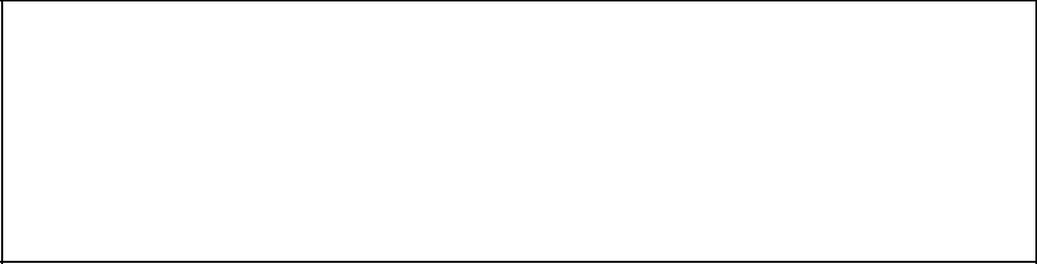
**Testimonies of the Youth who Attended the Annual Youth Empowerment Programme ,  
May 2024**

Picture	Voices
	<p><b>Name:</b> Zainab Kabuye <b>Class:</b> Senior three</p> <p><i>“I have discovered myself; I can now start up a business and also protect myself while online”</i></p> <p><i>“I understand on-line safety – and that I need to be respectful, mind my tone and mindful of my guidance.”</i></p>
	<p><b>Name:</b> Shayma Kawooya Abdunoor <b>Class:</b> Senior Two</p> <p><i>“I now know what cyberbullying is and how I can avoid it, I learnt self-control and how to switch on a computer”</i></p>
	<p><b>Name:</b> Raihana Mutyaba Abasi <b>Class:</b> Senior three</p> <p><i>“I learnt how to believe in myself even when others don’t believe in me and computer skills. I am now confident and a good time keeper”</i></p>
	<p><b>Name:</b> Ashiraf Ntege <b>Class:</b> Senior three</p> <p><i>“I have been empowered and am now a virus and am going to spread what I have learnt in my community. I also learnt to associate with positive people”</i></p> <p><i>“I have learnt how to prevent depression or sadness and how hep a person which is affected with mental illness”.</i></p>
	<p><b>Name:</b> Abdallah Ibanda <b>Class:</b> Senior four</p> <p><i>“I learnt to be assertive using the sandwich approach and also learnt from my peers the specific products that you can make from a plastic bottle and a cap”</i></p>

	<p><b>Name:</b> Khairdiin Ssemwanga Muhamad  <b>Class:</b> Senior two  <i>"I learnt to be assertive, you can't push me down and I stay quiet, I should always reach out to my role models, I now know my values and can now download and save a picture"</i></p>
	<p><b>Name:</b> Tauhid Ssemwanga Muhamad  <b>Class:</b> Senior three  <i>"Am now able to believe in myself and develop my talent which is football"</i></p>
	<p><b>Name:</b> Derrick David Kasumba  <b>Class:</b> Year 2  <i>"I learnt computer skills and how to believe in myself"</i></p>
	<p><b>Name:</b> Leontina Renitah Nabuuma  <b>Class:</b> Senior four  <i>"Turn my interests into careers, I love reading novels so I can now venture into writing, I also learnt to be creative and unique when starting a business incase my competitor is making plain tea, I can spice up my tea."</i></p>
	<p><b>Name:</b> Rahmah Nanteza  <b>Class:</b> Senior three  <i>"I can now start up a business and also practice online safety tips I was taught"</i></p>
	<p><b>Name:</b> Juliet Nkinzi  <b>Class:</b> Senior one  <i>"I can now recycle plastic into something useful, I can now speak in public and can download and search for images online"</i></p>

	<p><b>Name:</b> Elisha Namasonko  <b>Class:</b> Senior four  <i>“I was not able to speak in big crowds of 20 people but now I can, the importance of team work because the group work, they were assigned and to also listen to other people’s suggestions. I can now start up a business and sustain it.”</i></p>
	<p><b>Name:</b> Charles Busuulwa  <b>Class:</b> Senior two  <i>“I now know the importance of team work; I can use a computer and also prevent cyberbullying online”</i></p>
	<p><b>Name:</b> Shifrah Nakandi  <b>Class:</b> Senior one  <i>“I should always follow my dream, work hard and always believe in myself that even when I start up a business and it fails, I can always start a fresh”</i></p>
	<p><b>Name:</b> Shanitah Nakato  <b>Class:</b> Senior three  <i>“Safety tips to follow while online and whenever I make a decision, I need to think it through”</i></p> <p><i>“The session on career guidance gave us several tips: “always take a goal with a path; engage in co-curricular activities “; believe in what your guardians tell you”; and “always make your goal successful with a running mind”.</i></p>
	<p><b>Name:</b> Hanifah Nalukwago  <b>Class:</b> Senior one  <i>“I now know the safety tips to follow when am online and how to be a responsible netizen”</i></p>

	<p><b>Name:</b> Hafswa Nabanoba Lutaaya  <b>Class:</b> Senior one  <i>"I discovered myself, I love cooking and can start up a business in line with that"</i></p>
	<p><b>Name:</b> Haroona Ssembatya Lutaaya  <b>Class:</b> Senior three  <i>"Setting a strong password is important, I am now an assertive person, I should always live a healthy life style."</i></p>
	<p><b>Name:</b> Brian Mukisa SSebunya  <b>Class:</b> Senior four  <i>"I learnt that am passionate about agriculture and journalism and I need to work hard at school to improve my performance. Am now a responsible person who can manage a business."</i></p>
	<p><b>Name:</b> Bridget Mirembe Naggayi  <b>Class:</b> Senior two  <i>"I am now an assertive person instead of being passive, am now going to start up a poultry business and also start making items out of plastic bottles".</i></p>
	<p><b>Name:</b> Imelda Nabisaalu  <b>Class:</b> Year 1  <i>"I discovered my interests, am a fashion designer and with time I want to become a fashion design teacher"</i></p>
	<p><b>Name:</b> Judith Nakato  <b>Class:</b> Senior two  <i>"I learnt how to make envelopes, how to protect myself when am online and how to use a computer"</i></p>



**Name:** Aisha Nakitto

**Class:** Senior six

*"I wasn't able to join the first day but my dad pushed me to join and am glad I joined because now I can fight depression through positive thinking, am now a confident person I would not be able to speak in big groups but now I can"*